

Swamp Milkweed Information

Common Name: Swamp Milkweed

Scientific Name: *Asclepias incarnata*

Habitat: Swamps, marshes, bays, fen, stream banks, and ditches.

Native State: Missouri, US Height: 3-6 feet

Importance To Habitat:

It is important to its habitat, because it is an important food source for Monarch Caterpillars. The amount of blooms per plant is an essential butterfly garden plant.

Cultural Heritage:

Early settlers would use the milkweed in order to create silk, and braid it to make candle wicks. Native Americans would boil the seed pods in water, and then eat them like okra. Aztecs regarded milkweed as immortal, because the plant regrows from its root, which is used as remedies for chest congestion.

Reason for choosing Swamp Milkweed?

The reason why I chose it is, because it is important to its state, and region by being an essential butterfly garden plant by feeding them.

Bibliography

Holmes, Russell. "U.S. Forest Service." Forest Service Shield, <https://www.fs.fed.us/wildflowers/plant-of-the-week/asclepias-incarnata.shtml>.

Asclepias Incarnata - Plant Finder, <https://www.missouri-botanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?Kempercode=g410>

"Milkweeds." Missouri Department of Conservation, <https://mdc.mo.gov/discover-nature/field-guide/milkweeds>.